



**Preliminary program of the International Scientific conference:
Issues on preconception care**

Ljubljana, Faculty of Health Sciences

9. - 10. 5. 2019

9. 5. 2019 Factors affecting reproductive health

8.00-9.00 Registration

9.00 Welcome speeches

9.15 Plenary speech: Presentation of Project PreConNet, Anna Mari Aimala & Jouni Tuomi

9.45 Plenary speech: Experiences in developing preconception care (PrePreg Network), Ilse Delbaere

10.15 Fertility indicators, *Nava Rezaeinamini*

10.30 Age and fertility, *Anna Mari Aimala*

10.45 Psychotherapy and counselling for couples with fertility problems, *Maja Frencl Žvanut*

11.00 Environmental factors in preconception health, *Elina Botha*

11.15 Discussion

11.30 Break with coffee

12.00 Resting and sleeping – impact on reproductive hormones, *Marika Mettala & Elina Botha*

12.15 The role of physical activity in preconception health, *Mirko Prosen*

12.30 The role of body mass index in preconception care, *Petra Petročnik*

12.45 Professional sport activity and fertility, *Renata Vauhnik*

13.00 Smoking and alcohol as modifiable risk factors influencing fertility, *Melanie Brodinger*

13.15 The effect of maternal mental disorders on foetal programming, *Nava Rezaeinamini*

13.30 Vaccination as part of preconception care, *Anita Mitterdorfer*

13.45 Discussion

14.00 Break for lunch (provided)

15.00 Nutrition and preconception care, *Jouni Tuomi*

15.15 Sexual decisions and preconception health, *Ana Polona Mivšek*

15.30 Sensory processing difficulties and perinatal risk factors, *Neva Gričar*

15.45 Medications and preconception health, *Marika Mettala*

16.00 Use of folic acid in pregnancy – the Slovenian recommendations, *Vesna Fabjan Vodušek*

16.15 Pregnant women in radiography, *Nejc Mekiš & Erna Alukić*

16.30 Preconception health and care model for educational purposes, *Magali de Pauw*

16.45 Perinatal care in delivery in patients with Chronic inflammatory bowel disease, *Vesna Fabjan Vodušek*

17.00 Discussion

10. 5. 2019 Health promotion for family planning

9.00 *Plenary speech*: Review of Slovenian national statistics on preconception issues, *Barbara Mihevc Ponikvar*

9.30 *Plenary speech*: Josef Ressel Centre for the Investigation of Early Life Metabolic Programming regarding Dispositions of Obesity, a multi-dimensional study program, *Mounie van der Kleyn*

10.00 The preconception care in non-invasive methods of infertility treatment, *Ana Tikvica Luetic, Matija Prka, Boris Ujevic, Ingrid Marton & Dubravko Habek*

10.15 Effect of life style and environmental factors on fertility, *Gregor Jereb & Mojca Jevšnik*

10.30 Maternal nutrition and foetal development, *Evgen Benedik & Nataša Fidler Mis*

10.45 Discussion

11.00 Break with coffee

11.30 Role of the midwife in preconception care, *Nastja Pavel*

11.45 Family planning in Croatia, *Deana Švaljug*

12.00 Pregnancy planning after the experience of unexpected event in childbirth - midwifery students' perspective, *Tita Stanek Zidarič & Metka Skubic*

12.15 Meditation and pre-conceptual health care, *Paul Golden*

12.30 Fertility of nurses and midwives in connection with the characteristics of their work, *Tina Gogova*

12.45 Blood glucose levels in preconception period, *Tina Kamenšek*

13.00 Discussion

13.30 Closing the conference